CKAR Celebrates the Legacy of Dr. Martin Luther King, Jr. with a Health Fair & School Improvement Projects

CKAR in partnership with Kaiser Permanente, Neighborhood Design Center and Christian Life Center is celebrating the legacy of Dr. Martin Luther King, Jr. with a Health Fair at Templeton Elementary school on January 18th. Volunteers will be dispatched to Riverdale Elementary school to perform physical interior improvements. Residents of nearby communities are invited to come out and receive free health services from Kaiser Permanente’s mobile health van, free produce distribution courtesy of Christian Life Center of Riverdale Park, and to enjoy many other fun activities planned.

Health Fair Event
Templeton Elementary School
9:00 am to 2:00 pm

- Mobile Health Van
  - Flu Vaccinations
  - Health Screenings
    - Blood Pressure
    - Cholesterol
    - Glucose
    - Pulse Rate
- Produce Distribution by CLC
- Yoga/Zumba Classes
- Soccer game in the gym
- Fun Activities & Giveaways for all ages

Free produce giveaway by Christian Life Center of Riverdale Park
CKAR, Kaiser Permanente and the Neighborhood Design Center is currently planning the logistics for two more visioning sessions to be held during the month of January. One for Parkdale high school students and one that is Spanish only, ideally to be held at St. Bernard's Church.

Following these visioning sessions, will be a Town Hall with all leaders and residents in the Greater Riverdale communities invited to attend. The projected date will be the end of February. Input from previous meetings will be reviewed and narrowed down to support projects that will be submitted to Kaiser Permanente for funding. Additional meetings will be held during the month of February to identify which organizations have an interest to lead these projects funded by Kaiser Permanente’s Place Based Initiative. Dates, times and locations will be provided as soon as they are finalized. We urge you to plan to attend these final meetings so that all communities in the Greater Riverdale sector will be fully represented. Should you have any questions or concerns regarding the PBI, please call our office at 240-608-2527.

**Parkdale High School Students Participate in the Kaiser Permanente Place Based Initiative**

In December, CKAR partnered with Liberty’s Promise for students at Parkdale High School to be involved in the Kaiser Permanente Place Based Initiative (PBI) for Greater Riverdale. They agreed to participate in a flyer-design workshop to post their design at their school. The flyers will be used to inform peers about the PBI. During the workshop students received detailed information about the PBI and worked on designing their flyers to post around the school encouraging their fellow students to get involved in the upcoming PBI Student Visioning session. CCMA VISTA volunteers coordinated and conducted the workshop. Pastor Michael Dickson, Solid Rock Church and Parkdale PTA president, assisted with this effort.

Liberty’s Promise brought 40 very eager students to this workshop. They divided into groups and worked very diligently and with a high level of energy and interest in their flyers. Each group presented their flyer such as those shown below. All students will be invited to attend the upcoming Student Visioning Session and be given an opportunity to voice their visions for a better community. If you click on the pictures below you will be directed to a full page version of each flyer.

Flyers will be posted in their school once they are approved by their principal and the school board. Click on each poster individually to view the full-size versions.
Michael D. Herman, Esquire & Associates, PC

Michael D. Herman, Principal

Michael D. Herman, Esquire & Associates, PC is one of Riverdale Park’s premier law firms. Michael D. Herman is the founder and principal who works tirelessly on law cases. He and his associates have more than 100 years of combined legal experience and have settled or resolved hundreds of matters for their clients.

Customer service is their top priority. Every client receives the care and attention they need and deserve. The firm believes in getting excellent results while maintaining continuous contact with their clients throughout the representation. They listen to what their clients say and develop legal, governmental, or political solutions uniquely tailored to individual needs. There is no “one-size fits all” approach, and Michael D. Herman, Esq. and Associates recognizes that each client deserves individual attention for his or her particular issue.

In the end, results matter. The firm has obtained:

- Hundreds of thousands of dollars in civil litigation judgments.
- Large liability settlements for their personal injury client.
- Numerous acquittals for criminal law clients.
- Successful land use decisions for business clients.
- Winning defenses of business clients against frivolous lawsuits.
- Fair estate settlements for multiple families, and so much more.

His firm specializes in practice areas that include:

- Administrative Law
- Business Law
- Criminal Law
- Employment Law
- Immigration Law
- Family Law
- Civil Litigation
- Government Relations
- Land Use/Zoning
- Personal Injury
- Wills, Trusts and Estates

When they address your issue, the firm works hard to give you the best outcome possible. If Michael D. Herman, Esq. and Associates does not have the specific area of expertise to work on your matter(s), there is a strong possibility that they have affiliated attorneys or firms that can assist you.

When they do legal work for a client, they are striving to be your attorneys of choice for years to come, and make you part of their legal family. They have numerous repeat clients, and the best referrals come from satisfied clients. How can they help you today? The attorneys are:

- Michael D. Herman, Principal
- Holly H. Devaser, Partner
- Rex B. Wingerter, Of Counsel Attorney
- Judy L. Walter, Of Counsel Attorney
- Elsa L. Clausen, Of Counsel Attorney
- Christopher A. Banks, Of Counsel Attorney

Their address and contact information is:

6801 Kenilworth Avenue, Suite 200
Riverdale Park, MD 20737
(240) 457-2201 (phone), (240) 467-2165 (fax)
Email: contact@hermanesq.com
Website: www.hermanesq.com
CKAR is Hiring an ESOL Instructor

Click here to see the full announcement

Prince George’s County Summer Youth Program Is Open for Registration

Click here to see press release

Upcoming Dates to Keep In Mind for 2020

MLK Day of Service – January 18th
Census Day – April 1st
Earth Day – April 22nd
Sarvis Café Opening – April

Spring 2020

- Breakfast and Lunch Café
- 14-week Certified Culinary Arts & Customer Service Training Program
- Healthy Eating/Healthy Living Menu
- Wellness Programming
- Job Placement Services

DONATE NOW!
Your donations go towards the renovation and is greatly needed and appreciated. Please make your donation now by clicking this link:  https://bit.ly/2lWmCpZ

Greater Riverdale Place-Based Initiative Survey

Fill out CKAR's survey to make your voice heard! Your responses will be used to shape new projects in Greater Riverdale through CKAR’s partnership with Kaiser Permanente!

https://ckarcdc.force.com/s/

For Your Financial Support in 2019.  From the Staff, Board of Directors, & Volunteers at CKAR. Your continued support is greatly needed.

Click on this link to make your contribution today.

CKAR is participating in the 2020 Census by working with the Nonprofit & Community-Based Organization Subcommittee.

Our primary focus is on encouraging immigrants and refugees in the Hard to Count Groups to participate in this year’s Census. CKAR has built relationships with local schools, businesses and other organizations with high immigrant populations in the Greater Riverdale sector. This relationship puts us in a position to reach out to these groups and provide information that will encourage participation.

Click on this link to go to the 2020 Census website for more information about the 2020 Census & how you can participate.